

Sub-Lieutenant (ML) Bita Mabili

In 1993, at the age of 18, Bita Nabili moved to Canada through an arranged marriage, leaving behind her home country to start a new life. The transition to an unfamiliar culture and the responsibilities of marriage presented both challenges and opportunities for growth. Soon after arriving, she became involved with the M.T.O. School in North Vancouver, dedicating 15 years to teaching Math, Science, and Farsi to elementary school children from low-income families. During this time, she balanced multiple jobs while pursuing her Canadian high school diploma, eventually continuing her education in Pharmaceutical Science at college and university.

In 2007, Bita faced a devastating loss when her young daughter passed away from cancer. Struggling with immense grief, she sought a way to move forward and began volunteering with the Lower Lonsdale Community Policing for two years. The support of fellow volunteers and RCMP officers helped her navigate this difficult period. In 2010 and 2012, her life changed again with the adoption of her two sons, who became her greatest source of strength and motivation. Their arrival empowered her to leave a 20-year marriage marked by spousal abuse and build a supportive environment for her family. As her sons joined the Navy League Cadets of Canada, she became a volunteer instructor, further deepening her connection to the community. Despite the demands of work, medical appointments, therapies, and extracurricular activities, Bita finds fulfillment in the life she has built. Through resilience and determination, she has created a sense of home in a country that once felt distant.