



Emma Sutherland

Emma Sutherland is the founder and Executive Director of Red Fox Healthy Living Society, a charity dedicated to transforming the lives of children and youth who face barriers through the power of recreation and mentorship. For the past 19 years, she has seen hundreds of children and youth learn new skills, gain self-esteem and become contributors to their communities as a result of Red Fox. Red Fox has transformed the lives of children all across North Vancouver and the rest of the lower mainland by empowering youth through sport, employment and leadership skills.

Before that, Emma worked as the Children's Program Coordinator at Kiwassa Neighbourhood house for ten years. She was born and raised in east Vancouver where she still lives with her husband. Emma has a bachelor's degree in Gender Studies from Simon Fraser University. In her spare time, she enjoys cycling, yoga, bird watching, keeping up with current affairs, and spending time with the many children in her life.